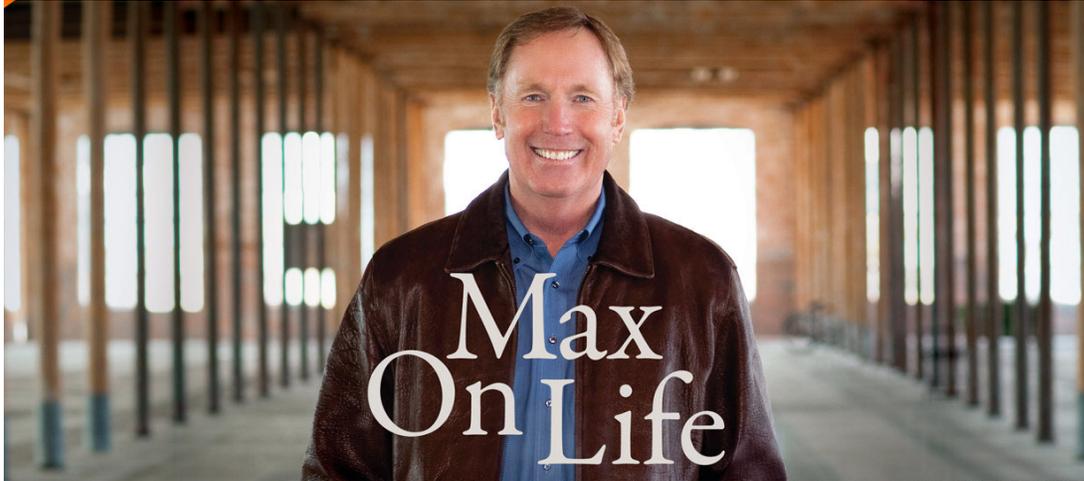


# Hope

## Week of 11-25-18



### Introduction

Did you or a friend hurt themselves as a child because you did something stupid? What happened?

### Watch

Watch Max On Life – Session 2 “Hurt” on [Rightnowmedia.com](http://Rightnowmedia.com) (19 Min)

### Start with Scripture

Read 1 Corinthians 4:16-18

<sup>16</sup> Therefore we do not give up. Even though our outer person is being destroyed, our inner person is being renewed day by day. <sup>17</sup> For our momentary light afflictions producing for us an absolutely incomparable eternal weight of glory. <sup>18</sup> So we do not focus on what is seen, but on what is unseen. For what is seen is temporary, but what is unseen is eternal.

### Make it REAL

1. Have you suffered from a big injury or sickness? Have you experienced a tragedy like losing a home, loved one, job, etc? Tell us the story. How did that affect your or their life?
2. Did you ever ask God to take the pain from you? Did he? How did that make you feel?
3. Has the situation brought you closer to God or did you move further away? How?
4. Have you seen God work through this pain in your life, someone else’s life, or both? How have you seen him work? How has he healed you?

5. Maybe you do not feel that God has healed you. How has the lack of healing affected other areas of your life? How has the healing changed other aspects of your life?

## Action steps

### Head:

How can you strengthen your relationship with God this week so that you can begin to deal with the hurt that is in your life?

### Heart:

How can you change your focus this week and begin to let God heal you?

### Hands:

How can you show others how God has helped you through your hurt this week?

## Prayer

Take prayer request from your group and spend time praying for each other.